



Care of Wool Soakers/Longies/Woolie Wraps

You can use any type of lanolin. You can buy it at the store for nursing mothers, or you can buy it in bulk off the internet. (ebay is where I buy mine)

You always handwash your soakers/longies/woolie wraps and hang to dry!

1- Wash the soaker/longie in lukewarm water and baby soap or wool wash. Ring the water out.

2- Fill a bowl, not your sink, (the wool fibers might clog your sink) with luke warm water.

3- Boil about 1 cup water in microwave, then add a pea size amount of lanolin and baby soap. (helps dissolve the lanolin) When the lanolin is dissolved the water will be milky.

4- Add dissolved lanolin to your bowl of water and stir in.

5- Put the Woolie (inside out works best) in the bowl and massage the lanolin in. Leave to soak for between 4 –8 hrs. Occasionally massage the lanolin in.

6- Ring the water out. -Now you have to get most of water out for faster drying. There are two ways to do this:

a- You can roll it up in a towel and squeeze the water out.

b- You can throw them in your washer on the spin cycle and spin.

7- Now you hang them out to dry, inside: for at least 12 hrs. outside: 6-8 hrs.

Your woolie should only need to be washed and lanolized once a month. If they get soiled with food, dirt, or baby poo then they will need to be washed and relanolized. If they get wet you replace them with another and hang out to dry. The lanoline in the soakers/longies will turn the urine into salt water. If the soaker/longie starts to smell like urine after dry then you should wash and relanolize.

Wool is very breathable and warm at the same time. I hope you enjoy your wool experience!

For instructions to fit a smaller baby go to <http://niftynappy.com/customer-support/tutorials/>